

Synchronous Tilt Control

Backrest and seat of chair recline in a synchronized 2-to-1 ratio. The back of the chair moves faster than the seat which provides a greater angle between your torso and thighs adding comfort and encourages dynamic movement.

Headrest Functions

The headrest has a 16 position ratchet mechanism which allows for a 5" height adjustment. To reset the headrest height, lift the headrest all the way to the top position and release. The headrest will fall into lowest position.

Seatslide*

Adjusts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing proper back support and long-term comfort.

With back against chair, pull and hold lever up then slide seat forward or back. Release lever to lock.

Pneumatic Lift

Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor. To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat. To lower chair, stay seated and pull lever up.

Tension Control

Increase or decrease tension of chair's tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining. Turn knob counter clockwise to increase tension. Turn knob clockwise to reduce tension.



Armrest Depth/Width*

Adjust depth and width of armrests to help relieve strain on neck and shoulders.

To adjust armrest depth, grasp arm cap moving it forward or backward.

To adjust armrest width, grasp arm cap moving it closer or further away from body.

Arm Height*

Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on outside of arm support while moving arm up or down. Release button to lock in place.

Tilt Lock

Locks tilt of chair to limit how far back chair will recline. Back can be locked in an upright position or be set to recline freely.

Pull lever in to engage lock. Push lever out to disengage lock.

ANSI/BIFMA Acceptance

Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer's Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit www.NationalOfficeFurniture.com for additional product information.