Lavoro™ Task Seating

Ergonomic Features and Adjustments

Synchronous Tilt Control
Backrest and seat of chair recline in a synchronized 2.3 to 1 ratio. The back of the chair moves faster than the seat which provides a greater angle between your torso and thighs adding comfort and encourages dynamic movement.

Back Height
Raise or lower backrest of upholstered back chair to a position that best supports your lumbar.
While seated, grasp chair back and lift with both hands.
On mesh back models, the lumbar adjusts to your desired comfort level.
Simply lift and lower the lumbar pad.

Armrest Depth*
Adjust depth of armrests to help relieve strain on neck and shoulders.
To adjust armrest depth, grasp arm cap and slide the armrest forward or backward to get the desired comfort.

Arm Height*
Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.
To adjust arm height, press button underneath the front of the arms while moving arm up or down. Release button to lock in place.

Arm Width*
Adjust width of arms based on body size and personal preference. Arms should be positioned as close to torso as comfortable for maximum support.
To adjust arm width, pull lever up while sliding arm toward or away from seat. Push lever down to lock into place.

Seatslide*
Adjsuts seat depth to a position that best accommodates length of legs. Reduces pressure behind thighs providing long-term comfort.
With back against chair, push in the button then slide seat forward or back. Release button to lock.

Pneumatic Lift
Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor.
To ensure smooth operations, raise and lower your seat monthly.
To raise chair, pull lever up while lifting body off seat. To lower chair, stay seated and pull lever up.

Tension Control
Increase or decrease tension of chair’s tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.
Turn knob counter clockwise to increase tension.
Turn knob clockwise to reduce tension.

Tilt Lock
Locks tilt of chair to limit how far back chair will recline. Back can be locked in an upright position or be set to recline freely.
Push lever in to engage lock. Pull lever out to disengage lock.

ANSI/BIFMA Acceptance
Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer’s Association (BIFMA), and approved by the American National Standards Institute (ANSI).

*Your chair may not have all the features and adjustments shown. Please visit www.NationalOfficeFurniture.com for additional product information.