Synchronous Tilt Control
Backrest and seat of chair recline in a synchronized 2.3 to 1 ratio. The back of the chair moves faster than the seat which provides a greater angle between your torso and thighs adding comfort and encourages dynamic movement.

Pneumatic Lift
Raise or lower seat of chair to minimize pressure placed under thighs. At the correct seat height, feet should rest flat on the floor. To ensure smooth operations, raise and lower your seat monthly.

To raise chair, pull lever up while lifting body off seat. To lower chair, stay seated and pull lever up.

Tension Control
Increase or decrease tension of chair’s tilt to match your body weight. Proper tension should allow you to lean back easily while providing balanced support when reclining.

Turn knob counter clockwise to increase tension.
Turn knob clockwise to reduce tension.

ANSI/BIFMA Acceptance
Meets the ANSI/BIFMA X5.1-2002 general purpose office chair testing guidelines developed by the Business and Institutional Furniture Manufacturer’s Association (BIFMA), and approved by the American National Standards Institute (ANSI).

Arm Height
Raise or lower arms to support forearms and keep shoulders in a neutral posture. Proper positioning reduces strain in the neck and shoulders.

To adjust arm height, press button on inside of arm support while moving arm up or down. Release button to lock in place.

Tilt Lock
Locks tilt of chair to limit how far back chair will recline. Back can be locked in an upright position or be set to recline freely.

Push lever in to engage lock. Pull lever out to disengage lock.